

# S W E D I S H S T O C K I N G S

The Only Sustainable Hosiery Brand Worldwide

## Hosiery Care

Being sustainable doesn't just stop with the purchase of our hosiery, it also extends into how you use and wear them. We've compiled some care tips to help you guys be as sustainable as can be!

### 1. STRETCH

Stretch your tights before the first wear to get the yarn mobile and ready to be put on your body.

### 2. ROLL

Scrunch them up, put one foot in and roll them on. Pull from the toes, not from the top of the tights.

### 3. AVOID

Avoid sharp jewellery, jagged toenails or anything that can snag your hosiery. To prolong their life even longer, wear socks underneath or over your tights.

### 4. HAND WASH

Hand wash in cool water with mild detergent. Never use softener as it can damage the elastane. Air dry always.

### 5. REPAIR

You can easily repair small tears in your tights with a needle and thread through a process called darning.